

Human Developmental Sciences/Faculty of Human Life and Environmental Sciences

http://aokilaboratory.web.fc2.com/index.html
 http://researchers.ao.ocha.ac.jp/4281557336.html
 http://jglobal.jst.go.jp/detail.php?JGLOBAL_ID=200901041390715818&t=1&d=1&q=%28205%29%3D1000301948

■ Researcher information

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Major

Developmental and Clinical Psychology, Clinical Care, Childcare Support School Mental Health

■ Research topics

Life-span development and mental health support for real-life setting

Keywords

Human resource development, mental health support, specialized training, childcare support, community approach

Contents

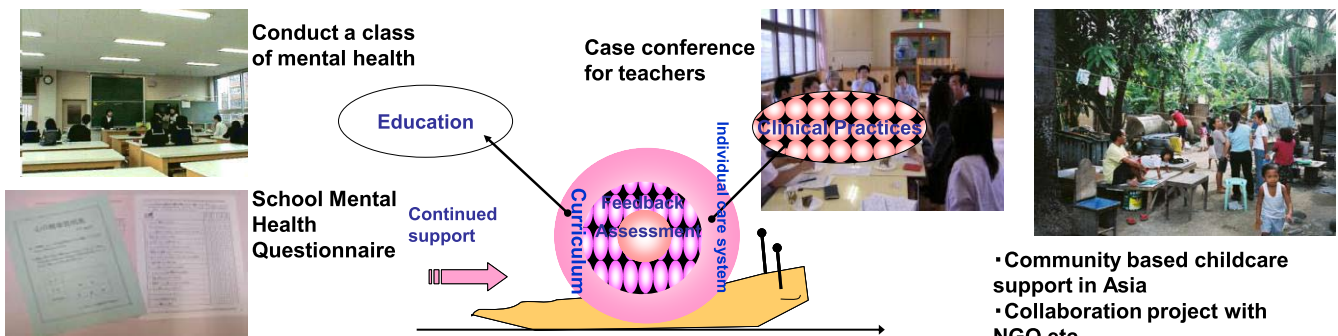
■ Overview (background, goal, detail)

Practical mental health support programs for various life stages such as nursery (including child-rearing plaza), school (from kindergarten to high school), after-school care, child welfare facility, company and so on were developed. Practical research from home and abroad are made for support system construction as well.

Upskilling trainings for counseling which meet the needs of all professionals who are involved in childcare support and education were provided. Autonomous and long-term training system for the participant were constructed.

■ Process, case study (Example case of a full mental health support based on school)

- ① Needs assessment (Search for educational and clinical task, and latent "empowerment of school" for problem solving)
- ② Aim based feedback (for children/ for teacher)
- ③ Individual support (including psychological consultation and professional training for teacher)
- ④ Prevention and enlightenment (Development of class curriculum. Parent support/ correspondence course materials/ mini lecture)



- Community based childcare support in Asia
- Collaboration project with NGO etc.

Intellectual properties (Patents, computer programs), productization, publications and social/industrial contributions

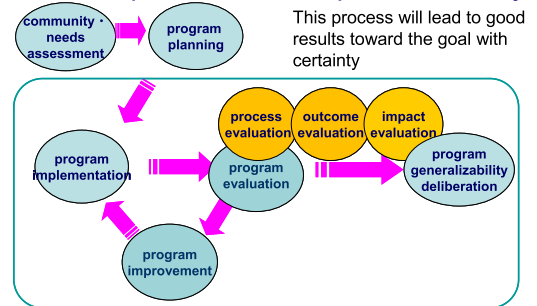
Development of training program of nursery specialists (since 2000, 3/year, commissioned by Private Nursery School Association), development of nutrition education and mental health promotion program in Shōdoshima (since 2008), development of after-school care-workers training program (since 2009, commissioned by Social Welfare Council), development of infant-home care-workers training program (2011, commissioned by Children's Rainbow Center), the Great East Japan Earthquake sufferer support "Mental health care for children" (since 2011, collaboration with Japan Pediatric Association), etc.

Potential of social/industrial contribution

- Joint research/ licensing / technical consulting / knowledge sharing (open courses, workshops, publications)
- Collaborative work: Human resource development for education/welfare/industrial field
- Construction of multidiscipline problem-solving collaborative network.
- Workshop/extension lecture



Process of problem-based practical study



Example of a construction of community based childcare support network

